

THE CARLISLE DIOCESAN GUILD OF CHURCH BELL RINGERS

Patron: The Lord Bishop of Carlisle

President: The Venerable Dr Richard Pratt

The Carlisle Diocesan Guild was founded in 1975 in the areas formerly covered by the Cumberland Association, established in 1889, and the Cumberland and North Westmorland Association of Change Ringers, which was formed in 1947.

THE OBJECTS OF THE GUILD

The provision of good ringing for Church Services to the Glory of God. The recognition of ringing as an integral part of the Church's life and work. The furtherance of the art and science of change ringing, and the encouragement of new members.

The proper care of belfries, and the supply of reliable information when necessary.

PRAYERS

Before Service

Almighty God may the sound of these bells, which we ring to Thy Glory, cheer the sick, comfort the sorrowing, warn the heedless, and call all willing hearts to prayer and praise; through Jesus Christ our Lord.

For the Guild

Almighty God, the giver of strength and skill, you alone make us of one mind in an house; bless we pray the work of our Guild. We pray that you will so guide us in the exercise of our art that we may ring prosperity to your Church, peace and good neighbourhood to all our members and eternal glory to your Holy Name; Through Jesus Christ our Lord.

OFFICERS in 2019

President	The Venerable Dr Richard Pratt
General Secretary	Susan Sewell , Holme Lea, Brayton Road, Aspatria CA7 3DN (016973 21170) ghsewell@btinternet.com
Treasurer	Pat M Evans , 69 High Brigham, Cockermouth, CA13 OTG (01900 824647) patmevans5@gmail.com
Peal Secretary 9LE	Duncan Walker , Mell Fell View, Graham St, Penrith CA11 (07879 430534) tc0747@yahoo.co.uk
PRO	Vacant
Training Officer	Gareth Evans martin.evans5@sky.com for address see Treasurer)
Newsletter Editor	Chris de Cordova (see CC Rep)
Central Council Reps 6UW	Chris de Cordova , 35 Thornton Rd, Whitehaven, CA28 (01946 62986; 07880 663116) chrisdecordova@gmail.com Duncan Walker (see Peal Secretary)
Safeguarding Officer	Gerald Sewell (contact as General Secretary)
Health & Safety Officer	Ed Matthews (see W Branch Ringing Master)
<u>Eastern Branch</u> Secretary	David Horne , The Old Station House, 1 Park Road, Scotby, Carlisle CA4 8AT (01228 524248) david.horne@the-hornes.org.uk
Ringing Master	Tony Ruberry , 47A Wordsworth St, Penrith, CA11 7QY (01768 895702) tony.ruberry@gmail.com
<u>Western Branch</u> Secretary	Hilary Chadwick , Moorhouse Farm, Middletown, Egremont, CA22 2UG (01946 824746)
acca.bilk@tiscali.co.uk	
Ringing Master	Ed Matthews , Nannycroft Cottage, Hunter Rise, Beckermert CA21 2YF (01946 841076) edwinmatthews@hotmail.com
Committee	John Proudfoot , john53p@yahoo.com Sue Thomas , sthomas@biosystemsbio.com

FEES

Resident Members	Adult	£7.00
	Junior	£1.00
	Senior	£4.00
Senior members are those of pensionable age who may choose to pay the reduced rate.		
Non Resident Members	On election	£4.00
Peal Fees	Each rope	£0.50

Guild Website: carlisle-dgcbr.org.uk
Maintained by Gareth Evans

Cover illustration by Sue Thomas

SUMMARY OF TOWERS AND PRACTICE NIGHTS

Eastern Branch

Appleby (Monday with Shap)
Bampton (Saturday)
Brampton (Thursday)
Cathedral (Friday)
Great Salkeld (Wed. with Lazonby)
Greystoke (Thursday)
Harraby
Keswick (Wednesday)
Kirkby Stephen (Thursday)
Lazonby (Wed. with Gt Salkeld)
Orton (Friday)
Penrith (Tuesday)
Shap (Monday with Appleby)
Thursby (Tuesday)

Western Branch

Arlecdon
Aspatria
Bridekirk (Monday)
Barrow-in-Furness (Wed)
Cockermouth (Wednesday)
Egremont (Thursday)
Hensingham (Tuesday)
Irtton (Monday)
Moresby (Tuesday)
St Bees (Wednesday)
Whitehaven (Friday)
Wigton (Monday)
Workington (Monday)

AFFILIATED TOWERS

APPLEBY, St Lawrence 6 bells, 10cwt (508Kg) in G (GF) (NY683205)

Practice: Monday 7.30pm (alternating with Shap)

Enquiries: Jim Archibald, Barbadoes Lodge, 8 Colby Lane, Appleby-in-Westmorland, CA16 6RH (017683 54194) email: jamesjarchibald@aol.com

ARLECDON, St Michael 8 bells, 14¹/₄cwt (725kg) in F (NY052198)

Sunday: 3rd Sunday, 10.30am please check! **Practice:** No regular practice

Enquiries: Mrs Chris de Cordova, 35 Thornton Rd, Whitehaven CA28 6UW (01946 62986) email: chrisdecordova@gmail.com

ASPATRIA, St Kentigern 8 bells, 14cwt (712kg) in F# (NY147419)

Enquiries: The Vicar

BARROW-IN-FURNESS, St James the Great

8 bells, 12cwt (621kg) in F (SD194699)

Sunday: 10.00am **Practice:** Wednesday 7.30pm

Enquiries: Andy Pollock (07879 411824) email: ringing@barrowbells.org.uk
Website: www.barrowbells.org.uk

BAMPTON, St Patrick 6 bells, 5cwt (258kg) in D (NY521180)

Sunday: Yes (check for times). **Not on 2nd Sunday of month.** **Practice:** Saturday 11am

Enquiries: Bridget Kelly, Abbott House, Rosgill, Penrith, CA10 2QX (01931 716822) email: email@bridgetkelly.me

BRAMPTON, St Martin 6 bells, 9¹/₄cwt (470kg) in A (NY528610)

Sunday: 9.00am **Practice:** Thursday 7.30pm

Enquiries: Michael Hall, 501 Durdar Road, Carlisle CA2 4TU (01228 524077) email: michaelhall20@btinternet.com

BRIDEKIRK, St Bridget 6 bells, 11³/₄cwt (597kg) in G# (NY117337)

Sunday: 10.30am **Practice:** Monday 7.30pm

Enquiries: Richard Green (01900 824311) email: ragreen987@gmail.com

CARLISLE, Cathedral Church of the Holy & Undivided Trinity (NY398559)

13 bells, 21-0-6 (1071kg) in E ^{flat} Tower phone: 01228 597887

Sunday: 9.30am **Practice:** Friday 7.30pm

Enquiries: Anne East, 65 Scotby Road, Scotby, Carlisle, CA4 8BG (01228 513633) email: aeast65sr@btinternet.com

Veronica Taylor, (07929069186) email: veronicataylor@hotmail.co.uk

Note: Practices have occasionally to be cancelled because of a concert or other function, so please phone before visiting.

CARLISLE, St Elisabeth, Harraby 8 bells, 14cwt (712kg) in F (GF) (NY422545)

Unavailable. Enquiries: Ron East, (01228 513633) ronald.east@btinternet.com

COCKERMOUTH, All Saints 8 bells, 12¹/₂cwt (636kg) in F# (NY124306)

Sunday: 8.55am **Practice:** Wednesday 7.30pm

Enquiries: Mark Cubey, 39 Rowrah Rd, Rowrah, Frizington, CA26 3XJ (01946 862972) or (07845 388361) email: rowrah39@yahoo.co.uk

EGREMONT, Ss Mary and Michael 8 bells, 13¹/₂cwt (686kg) in F# (NY012105)
Sunday: 9.30am **Practice:** Thursday 7.30pm
Enquiries: Colin Gates, 2 High Bank House, Egremont CA22 2DZ
(01946 820419 or 01946 820623)

GREAT SALKELD, St Cuthbert 6 bells, 12cwt (610kg) in F# (NY552368)
Sunday: 9.30am alt. Sundays **Practice:** Wednesday 7.30pm alt. with Lazonby
Enquiries: Mike Allison, 10 Barton Dale, Lazonby, Penrith, CA10 1BU
(01768 898806) email: allmickey@btinternet.com

GREYSTOKE, St Andrew 6 bells, 7¹/₄cwt (368kg) in A (NY443308)
Sunday: Occasional **Practice:** Thursday 7.30pm
Enquiries: Tony James, 4 Ashburn Croft, Greystoke, CA11 0UL
(01768480926) email: tonyjames539@aol.com

HENSINGHAM, St John Evangelist 8 bells, 13³/₄cwt (699kg) in F# (NX985166)
Sunday: 10.30am **Practice:** Tuesday 7.30pm
Enquiries: Gordon Gray, 4 Hensingham Road, Whitehaven CA28 8PR
(01946 65224) email: hensingham@bell-ringing.co.uk
Website: www.bell-ringing.co.uk

IRTON, St Paul 8 bells, 16cwt (814kg) in F# (GF) (NY092005)
Sunday: Special services **Practice:** Monday 7.30pm
Enquiries: Kathleen Egglestone, Spindle Craft, Drigg Station, Holmrook CA19 1XQ
(01946 724335) (daytime)

KESWICK, St Kentigern, Crosthwaite 8 bells, 12¹/₂cwt (737kg) in F (GF)
Sunday: 9.30am **Practice:** Wed 7pm; visiting bands welcome (NY257243)
Enquiries: Jenny Humphreys, Maymyo, High Hill, Keswick, CA12 5PB.
(017687 72063) email: robandjenhumphreys@outlook.com
or Nick Newby (01768 772742) email: nickjane.newby@gmail.com

KIRKBY STEPHEN, (dedication unknown) 8 bells, 15³/₄cwt (801kg) in F (NY775088)
Sunday: 10.00am **Practice:** Thursday 7.30pm
Enquiries: Colin Belsey, Burntling, Heggarscale, Kaber, CA17 4HZ (01768 372139)
or (07938532735) email: colin.belsey@btinternet.com

LAZONBY, St Nicholas 4 bells, 7¹/₂cwt (369kg) in B ^{flat} (NY549398)
Sunday: 9.30am alt. Sundays **Practice:** Wednesday 7.30pm alt. with Gt Salkeld
Enquiries: As Great Salkeld

MORESBY, St Bridget 8 bells, 5cwt (259kg) in D (NX982210)
Sunday: 10.15am (please note: ringers MUST stay to the service; ringing can take place afterwards, for visitors for whom this is a problem, if requested in advance)
Practice: Tuesday 7- 8.30pm
Enquiries: Mrs Chris de Cordova, 35 Thornton Rd, Whitehaven CA28 6UW
(01946 62986) email: chrisdecordova@gmail.com
Website: Moresbybells.uk

ORTON, All Saints 8 bells, 12³/₄cwt (648kg) in F# (GF) (NY622084)
Sunday: 3rd at 10am **Practice:** Friday 7.30pm
Enquiries: John Basnett, Howgill Lodge, Orton, CA10 3RE (015396 24525)
email: frust.ration@btinternet.com

PENRITH, St Andrew 8 bells, 19cwt (966kg) in E (NY516302)
Sunday: Usually 9.15am, ring to confirm **Practice:** Tuesday 7.00 to 9.00pm
Enquiries: Valerie Bowen, 9 Carleton Hall Gardens, Penrith, CA10 2AL
(01768 210438) email: thevalerie.bowen@icloud.com
Note: For security reasons, the church is locked during the practice, after 7.45. Entry is via the South door. There is a doorbell on the West door, for use if the South door is locked.

ST BEES, Priory Church of SS Mary and Bega 8 bells, 13cwt (661kg) in F
Sunday: 10.00am **Practice:** Wednesday 7.30pm (NX968121)
Enquiries: Doug Sim, 31 Main Street, St Bees CA27 0AA (01946 824898)
email: doug.sim@btinternet.com

SHAP, St Michael 6 bells, 8cwt (407kg) in G# (NY564154)
Sunday: 10.00 (1st) and special services
Practice: Monday 7.30pm alt. with Appleby
Enquiries: Jan Labram, Spout House, Keld, Shap, Penrith, CA10 3QF
(01931 716311) email: janetlabram@btinternet.com

SILLOTH, Christ Church 8 bells (unringable), 23¹/₂cwt (1195kg) in E (NY110537)
Enquiries: The Vicar

THURSBY, St Andrew 6 bells, 6³/₄cwt (343kg) in A (NY324503)
Sunday: 10.30am **Practice:** Tuesday 7.00pm
Enquiries: Cynthia James, 5 Church Terrace, Thursby, Carlisle CA5 6PD
(01228 711926)

WHITEHAVEN, St James 12 bells, 16cwt (814kg) in F (NX977184)
Sunday: 9.30am, 5.30pm
Practice: Friday 7.30pm Beginners taught to handle separately. Contact for details.
Enquiries: Brian Forster, 25 Elizabeth Crescent, Whitehaven, CA28 6JQ
(01946 67335) email: forster691@btinternet.com

WIGTON, St Mary 8 bells, 8cwt (407kg) in A (NY256483)
Sunday: 9.00am, 6.00pm (by arrangement) **Practice:** Monday 7.30pm
Enquiries: Martin Snape, 3 Greenfoot, Mealsgate, Wigton, CA7 1DF
(01697 371437) email: mary.snape1@btinternet.com

WORKINGTON, St Michael 8 bells, 12¹/₂cwt (636kg) in F# (NX997289)
Sunday: 9.00am **Practice:** Monday 7.15pm (simulator by prior arrangement)
7.30pm (open ringing)
Enquiries: Gareth Evans, 69 High Brigham, Cockermouth, CA13 0TG
(01900 824647) email: martin.evans5@sky.com
Note: For security reasons the church is locked during practices. Please contact to arrange access before visiting.

GENERAL SECRETARY'S REPORT

So many members, so little member involvement - at least, at Guild level. With an average membership age of what must now be 60+ and only a small, dedicated core of ringers keeping activities going, the Guild did not appear particularly healthy. Whatever the event, support was sparse. Last-minute pleas and threats of cancellation became the norm. Individuals and towers, no doubt, had their own reasons for opting out, but it created uncertainty. Every level and area of Guild activity was affected.

A staggering total of 34 new members were elected after tea at the January Ringing Meeting in Workington. This was largely due to the *Ringing Remembers* recruitment drive. Afternoon ringing was devoted almost entirely to rounds, call changes and plain hunt. The special methods, *Woodbine* and *Merchants' Return*, were also rung in memory of long-time Workington ringer, Harry Byrom. It was the 20th anniversary of his death and these had been his favourite methods.

Around 50 students and helpers signed up for the Guild Training Day in February. It was again based at Hensingham and last minute changes were again necessary. Two of the four groups concentrated on skills at very basic levels. A third worked on call changes. The fourth became a catch-all group for the rest focusing on 'requests' rather than the planned plain hunting to methods.

Appleby hosted the Guild AGM in April, probably keen to show off its splendid new facilities. Orton shared the ringing. As our President was not able to join us this year, the Reverend Christine Brown, vicar of Dent, conducted the service and presented the Young Ringer Trophy for 2018 to Workington's Mia Edger. The Guild Committee chose Bethany Cater as Young Ringer of 2019.

An excellent tea was taken in the Market Hall. The business meeting followed, chaired very ably by Chris de Cordova. The post of Guild Health & Safety Officer was created and the Guild Constitution amended. Sue Thomas was elected to the Guild Committee and immediately took over responsibility for production of future Annual Reports from Anne East. We thank Anne for her dedication over the past many years.

The Guild Six-Bell Striking Competition took place at Moresby. Only two Eastern Branch and five Western Branch towers entered. It felt a bit like Groundhog Day with Egremont Petworth, once again, walking off with the Call Change Trophy and disappointing the genuine call-change bands. The judges, Robin Daw and Nigel Goodship, commented, without a hint of irony, that perhaps Egremont should consider entering for the Methods Trophy next time. The Moresby band, Bridget's Babies, came second and the cathedral's Carlisle Callies band third. Only one point separated first, second and third-placed bands in the competition for the Methods Trophy. Carlisle Changies rang Grandsire to beat Penrith Pringles' PB Minor into second place. Egremont Wyndham came third with PB Doubles.

The Guild Committee met for business three times during the year. The post of Guild Public Relations Officer remained unfilled and the Western Branch Secretary and Ringing Master indicated that they would be standing down at the Branch AGM in March 2020. The Central Council had also recommended appointment of a Child Protection Officer - so many demands, so few personnel to deliver on them.

The Redundant Bells Committee continued to monitor the ongoing situations at Harraby, Silloth and Arlecdon. It also noted that Brough had launched a Restoration Appeal. Removal and storage of Harraby bells had not yet taken place. Things moved no more quickly at Silloth, but Guild Bells Adviser, Ron East, had some ideas about exploratory work. The news was better at Arlecdon; restoration of the bells and ringing chamber was planned.

During the summer, the architect decreed that Arlecdon bells should no longer be rung. The frame, he said, was too corroded. In conjunction with Taylors, Ron East had carried out a thorough inspection and decided that the situation was manageable. The bells would be removed, the frame repaired and the bells rehung on ball bearings. A public appeal was launched in November and a sponsor had come forward.

Some final snippets of news: Congratulations to Carlisle's Barry Garrett on being the first recipient of the Westley Award for those involved in bell maintenance (see *The Ringing World*, issue 5655). The Ringing World Quarter Peal Analysis for 2019 identified Brampton and Carlisle Cathedral as joint winners for the Guild with 25 apiece. Lastly, thanks to Sally Nicols for travelling to the US Embassy in London in May to represent the Guild at an official reception for bell ringers from across the country.

Susan Sewell

EASTERN BRANCH REPORT

Since things have worked well over the last few years, there have been no innovations with three practices most months. The official branch practices have been held one a month on the practice evenings at each tower. The practices have been well attended and productive; thanks to all the local ringers plus the regular attendees from other towers who have made these successful.

In addition to these "official" practices, the Intermediate and Surprise practises have taken place most months, usually on the same day. Whilst this does make it quite hard work for those who attend both, it does make for an efficient use of time.

This year has seen some good progress from a number of the attendees at the Intermediate practices. Whilst much of this has been, I'm sure, down to hard work at their home towers, I like to think that the extra practices have at least helped. At the start of the year, following on from a work on Grandsire, we concentrated on Stedman, and managed a few reasonable courses of Stedman Triples. This is no mean feat, as Stedman is really quite a difficult method.

Since then, I have taken a more relaxed attitude to methods rung, which has the advantage of keeping things more interesting, but perhaps loses some of the focus. Also, some people are getting beyond what can really be described as "intermediate" – at least by the definition when these practices were started up by Anne East. I am very relaxed about this! Within reason, anything people in the group would like to have a go at, I will.

However, as always, it would be good to have some fresh blood. So, if you can ring touches of Bob Doubles competently, and would like to extend your repertoire to more complex methods on higher numbers of bells, then please let me know.

Nick Tithecott has continued to organise and manage the surprise practices. These have concentrated on the standard eight, sometimes spliced, with "push-the-boat-out" methods of Glasgow or Belfast and, with a doffing of hats to Pickled Egg, Cornwall. Other methods have made occasional guest appearances too.

Although not strictly Eastern Branch events, the Cumbrian Codgers trips have continued to be very enjoyable, and many thanks are due to David Horne for arranging these. David returned from New Zealand in the spring after a six-month break, and this was greeted with a sigh of relief by the "guest organisers" who sorted things out in David's absence and now appreciate how much work he puts in. The summer tour was excellent too!

The guild striking competition was held on the new bells in Moresby with the Cathedral band claiming the method trophy.

I am standing down as ringing master but will support my successor as much as possible and will continue to attend branch events. Many thanks to all those who have helped me, especially the regulars at the practices. You are much appreciated!

Tony Ruberry

WESTERN BRANCH REPORT

For 2018-19, we have not had Branch Surprise Practices for all 1st Saturdays due to other commitments. The Western Branch Surprise Practices have had a range of surprise ringing and have seen progress during the year. We'll be expecting to run these again and have had good attendance at some sessions.

I'd like to thank the ringers that regularly come along for your continued support and look forward to your input at next year's meetings.

By the time you are reading this a new Western Branch Ringing Master should have been elected at the Branch AGM – wishing them all the best in their role.

Ed Matthews

TRAINING and RINGING CENTRE

Six workshops were organised in 2019 in addition to the training day in February and the intermediate and surprise practices arranged by the branches. The programme is designed to include something for everyone up to ringing surprise minor methods. New ideas for workshops are always welcome.

This year there was support from both branches. There were no problems filling the student places with 18 students from the east and 9 from the west participating. All workshops went ahead with the support of 20 helpers. It is good to see students making progress and having the experience to help in some workshops. Wigton church and Martin Snape deserve particular thanks for hosting the majority of the workshops.

The skills workshop is designed to give new ringers an opportunity to meet other ringers at the same stage and to receive advice from different mentors. The students practised individually and together in exercises which are not part of a normal practice.

The treble bob workshop offers a student an opportunity to ring and observe treble bob and surprise methods. Kent, Cambridge and Norwich provided a variety of coursing orders for treble ringers.

Raising and Lowering is always popular and exhausting for the helpers and this year was no exception. On the day all students practised ringing up and down, and often found they preferred one to the other. Confusingly every raise or lower is different and relies on how the whole band interact, so it takes practice to get it right.

Grandsire (and potentially Stedman) had enough support to run this year. A mix of touches and plain courses of Grandsire kept students and helpers on their toes. What about trying Stedman next year?

The plain hunt workshop filled up quickly. In a reliable band the learners could understand the importance of accurate leading and correct speed changes.

The Listening course, actually held in 2020, was planned to provide a further opportunity to use a simulator for individual practice. Most of the students were familiar with using a simulator this way, they found the opportunity to share experience useful.

Gareth Evans

TREASURER'S REPORT

Subscriptions continue to fund the everyday expenses of the Guild, while allowing extra expenditure when needed. There was an encouraging increase in membership during 2019.

In view of a several new bell projects which are under way, or likely to happen in the near future, we need to continue our efforts to boost the Bell Restoration Fund. The income from Gift Aided donations stayed at last year's level – many thanks to those who have made a regular commitment in this way. The need for this funding continues – if you can help by making a regular donation, please see the Treasurer for the relevant forms, or download them from the Guild website.

As the bell installation project in Moresby reached completion and the team there settled into their role as our newest band in West Cumbria, the Guild funded one of the last items to be put into the tower – a new ladder to allow easier access to the bells for maintenance.

Once again, a large contribution to the BRF has been raised from the 50-50 Club, enabling us to continue to fund all aspects of bell restoration. Thanks are due to Anne East for her continuing hard work in keeping this running. New members for the club are always welcome.

Pat Evans

SAFEGUARDING

As we move on into the New Year, it has become clear that the Church of England's Safeguarding Policy is now starting to be applied in Churches within the Diocese. For ringers, the significance of this development will be felt at two levels: firstly, at the local bell tower level where Tower Captains will certainly be very much involved; secondly, at Guild level, where Guild Events and Activities must be seen to be organized and managed so as to meet the requirements and

standards set out in the Parish Policy which applies at the location where the Event or Activity takes place.

Ringers, particularly Tower Captains, will be increasingly aware that the Safeguarding Regime which applies in their own Church, and therefore within their own bell tower, will be that set out in the Local Parish Policy. Parish Safeguarding Officers will, by now, be informing Tower Captains of the requirements, standards and procedures set out in the Policies being implemented by PCCs.

For the Guild, the situation is rather different. Essentially, the Guild's first priority is to ensure that our own Guild Safeguarding Policy is fully compatible to the overarching Policies of the Church of England and the Diocese. Where the Guild arranges an Event at a local Parish Church, it (the Guild) is to be seen as a 'visitor', which means that the practices and processes that will take place must also comply with the Local Parish Policy. It is clear, therefore, that Guild Safeguarding Policy must be expressed in terms which make the compatibility explicit. The Guild Policy is currently being reviewed and redrafted so as to meet this requirement.

While it is the case that all ringers have certain obligations and responsibilities in the areas of Safeguarding and Safety generally, it is also clearly the case that some individuals are in positions involving increased levels of responsibility; the levels of awareness and the necessary training involved vary according to the positions held by individuals. The following set of publications, guidance notes and policy statements could be seen as an essential (if minimal) list of items for study, at least for those in positions of responsibility within the Guild; the website sources for a fuller list, which is extensive, is also appended:

1. **'Parish Safeguarding Handbook'**. Vers. 2 published Oct 2018. **'Parish Resources and Support Pack'** supplement and materials are part of the PSH Policy Statement.
2. **'The Local Parish Policy'**. As produced by each local Parish Church.
3. **'Safer Environments and Activities'**. Version 1 published Sept 2019, complements the PSH. The document references the work of the National Safeguarding Team and the correspondence with the publication of the Central Council of Church Bell Ringers.
4. **'Safeguarding Guidance-June 2019 update'**. This guidance is fully compliant with the C of E's Policy (and therefore with the PSH) and was developed by the Central Council of Church Bell Ringers (CCCBR) in collaboration with the Church of England's National Safeguarding Team.
5. **'Code of Safer Working Practice'** is included in item 3 (above).

A full list of C of E policy documents is to be found on the website: www.churchofengland.org

The Carlisle Diocese's Policy Statement: 'Safeguarding People, Policy and Guidance' Version 5.6 can be found on the Diocese's website: www.carlislediocese.org.uk

The publications of the Central Council for Church Bell Ringers can be accessed (via the Tower Operation tab) at:

<https://cccbr.org.uk/resources/stewardship-and-management/>

The Safeguarding Policy of the Guild (currently being subject to review and redrafting) can be accessed at: <http://carlisle-dgcbr.org.uk/the-guild/safeguarding/>

Guild members will continue to be provided with updates on developments, particularly with regard to training requirements and opportunities, through the periodical 'Safeguarding Note' - the next issue of which, Note 5, should appear in the spring of 2020.

G.Sewell (CDGCBR Safeguarding Officer)

HEALTH AND SAFETY

The Guild H&S Policy was approved at the 2019 AGM. By the time you are reading this the policy should have been approved at the 2020 AGM (the policy is subject to annual review to fit good practice, no significant changes have been identified).

I won't repeat all the information from last year's update but as a quick reminder the Policy covers all activities that this Guild is responsible for the management and organisation of. This may include ringing at organised meetings and events, business meetings, social activities, training sessions, bell maintenance and inspection, etc. It does not cover activities of members not carried out under the management and organisation of the Guild.

Since bringing the Guild Policy into force the proforma for risk assessment has been revisited through use and the latest version is available on the website. It is understood some towers have used to compare with their extant risk assessments. It is worth noting that a survey question from myself about towers with risk assessments in place did not get full feedback so I will be following up with Towers (with the purposes of learning and encouraging though about H&S as the Guild Policy only covers guild events).

As a reminder, in addition to the responsibilities identified for the Guild-led events, it has been agreed that the committee (and therefore I as the H&S Officer) will, when requested, advise PCCs and Diocesan officials on safety issues relating to bell ringing, bell maintenance and the suitability of persons to undertake bell maintenance. To this end if you have any questions related to H&S or wish to seek any advice please get in touch.

Ed Matthews

TOWER REPORTS

APPLEBY

Through the course of 2019 we have settled into our new ringing room. Initially we had difficulty in hearing the bells but the installation of a sound tube from the belfry down to the ringing room has sorted out the problem and the bells can be heard even when the organ is playing. The additional benefit which has resulted from the new ringing room is the reduction in draft and better control of the ropes.

We now have 8 Appleby ringers regularly attending practices and this increases to some 14 when Shap and Orton ringers are included. The majority of the 14 are relatively inexperienced ringers so Nick Harrop now runs a 6.30 pm session before our normal Monday night practice and targeting bell handling. We are very grateful for Nick's efforts particularly as this often means a round trip from his home in Blackpool.

With the support of our colleagues from Shap and Orton we have been able to ring for weddings and other special services but regular Sunday service ringing is yet to be achieved.

Jim Archibald

ARLECDON

Ringling suspended. Because of the massive problem with water ingress, the bells are being removed and the tower structure will be repaired, along with the roof. It is initially hoped that the project will be complete by the end of 2020.

Chris de Cordova

BAMPTON

When our new bells were installed in December 2017 we were a new band of ringers with lots to learn. We have progressed really well in our learning and are now a confident and happy band of ringers. We have had quite a number of visiting ringers in 2019 turning up to join us for Saturday practice along with bookings from visiting bands. Installation of Sound Control was completed in July 2019 and our Tower is no longer limited to one visiting band a month. The first Full Peal on our bells was recorded on Sunday 4th August and a beautiful Oak Peal Board is in the making and will be hung in our ringing room soon. The Bampton ringers, along with a few of our local ringing colleagues, enjoyed a fun day out together ringing at other towers on 29 June 2019 - we hope to organise more outings in 2020. St Patrick's Bampton would like say thank you to so many for their continued guidance, help and support.

Bridget Kelly

BARROW-IN-FURNESS

In 2019 our membership of CDGCBR increased to 15 ringers, a third of which are junior members.

We successfully rang three quarter peals at Barrow, with a similar number of failed attempts, and hope to increase the success rate and ring at least

one peal next year to keep challenging our band of ringers, especially to satisfy the drive of our young ringers.

This year there has been commendable progress for all our regular ringers, including visitors. All five of our young ringers deserve special congratulations for the progress they have made, including notable achievements for three of them:

- Cameron – First quarter of Grandsire on inside bell rung to triples 12 April
- Iwan – First quarter peal, rung on inside bell to Plain Bob Minor on 23 April
- Jayden – First quarter peal, rung on inside bell to Plain Bob Major on 13 October

A quarter peal was rung on 14th July to remember Jack Bagnall, former tower captain who died 10 years earlier prior to restoration of the bells, and we had been unable to commemorate his remarkable life and contribution to the church at the time (because the bells were unringable). This quarter peal of St James the Great Delight Major was also rung to mark the 150th year of the consecration of our church in May 1869.

It has been a busy year as usual, with a practice cancelled so we could enjoy Ron East's entertaining and informative talk in Barrow, simulator practices, 4 attended the Listening Course in Workington, tolling bell for Notre Dame, and a couple of our 'me-andy-rings' walks & ringing & café/pub-meal culture outings which are always very enjoyable!

Later in the year we had an open day and recruitment drive in partnership with neighbouring tower of Dalton, and follow-up 'learn-to-ring' sessions over a weekend. We have a few new names to follow up early next year after the pressures of Christmas season, and with new potential learners perhaps we can use skills from ART Module 1 held at Barrow this year, to become accredited to the scheme.

Events including 'Target Practices' (where we encourage extra visitors to boost capability and learning in the practice) are published on our website www.barrowbells.org.uk and everyone is very welcome to come along.

Andy Pollock

BRAMPTON

Having reached the 20's decade, I realise that my involvement with Brampton ringing has now reached its silver anniversary, for it was on a cold Thursday in January 1995 that I first came along to their practice.

These years have seen the fluctuating fortunes in the number of ringers and what we have been able to ring. There was always those periods of doom and gloom, Capt Mainwaring, when people drifted off and numbers declined.

2019 started off fairly upbeat, Eric returned from a long sojourn and practices, with Sally & John's help, meant we rang at least our standard 5 of Plain Bob, Reverse Canterbury, Grandsire, Antelope & St Simon's. Service ringing saw a regular 504 of Plain Bob - yes Minimus. In June we were joined by readymade ringers, Clara & Alex who had moved into the area. Practices got busier & service ringing saw 6 bells being rung. The future looked brighter, especially with an impending tower marriage in September between Gwenneth & I.

Then the unraveling started, as usually happens. Eric's grip problem prevented him ringing; for family reasons Clara & Alex had to drop out and so the last time we rang for service was 1st September. Practices became central to keeping ringing alive, but even maintaining these became a struggle. When you only have a Minimus band meeting weekly, it does question the logic of three ringers travelling long distances to attend. Finally, Clare, our Ringing Remembers recruit, decided that age was against her and so gave up her ringing career in December. As I write this report in February we have not met for practice since 13th December.

We were called upon in late November to ring half muffled for the funeral of Anthea Siddle, Ken's wife - a sad time for us all.

Quarter Peal wise we rang 20, one of Minor the rest of Doubles, thanks to those who supported these twice monthly rings. To our usual repertoire we added a new method of Austrey Doubles - how did that go again? Steve got good practice trebling in some of the earlier quarters. I also managed conducting Grandsire Doubles to eleven different callings - certainly kept my brain stimulated for the 44 minutes. A milestone achieved of conducting my 475th QP during this year.

What of the future, clearly more recruitment required, but being split between two parishes (& two Deaneries), one as a Reader & the other a Tower Captain then maybe the time for someone else to take up the baton for the next quarter century is due?

Michael Hall

BRIDEKIRK

Ringing has continued throughout the year, both Sunday Service and Monday evening practices. We are well supported by Cockermouth ringers who regularly swell our numbers for both Sunday service ringing and practice nights. We are pleased to welcome a teenager into our band who is just starting to learn bell handling.

We hosted a Codgers visit in September and we join in with the Cockermouth / Workington outings and events. We've not had any weddings or special ringing requests this year!

Our aim for this year is to try to encourage even more ringers to join us at Bridekirk to strengthen the local band.

Richard Green

CATHEDRAL

There are twenty-five members of the tower, six of whom are designated 'Leaders' and are ART qualified as teachers/mentors, with enhanced DBS checks. All Leaders can run practices and also deputise for the Tower Captain. Weekly practices take place on a Tuesday, Thursday and Friday and monthly practices are arranged for method ringing (all day), for ringing on 10 bells and, of course, to ring on the minibells at Powfoot. Three ringers have been awarded level 5 ART

certificates and another has achieved level 4. One ringer has attended an ART conducting course and another an ART level 2 teaching course.

Support from our ringers is very good and twelve bells are usually rung for the Sunday morning Communion service. However, it is important to maintain numbers so the tower has appeared twice on the local BBC and ITV evening news programmes in January to promote bell ringing and recruitment.

Five members of the tower give their time to help maintain, renovate and install bells in churches in the diocese and the contribution of one of the most recent volunteers was recognised nationally in September by the presentation of the Westley award at the Goldsmiths College in London. The tower was also delighted to win the Guild striking competition in 2019 (against stiff competition from Penrith!).

The clappers were re-profiled and re-bushed by Taylors in October. The clappers had been fitted, when the bells were installed at the Millennium, with experimental nylon bushes that were now failing. The ringers saved to pay for the work at a cost of £2700.

The July and Heritage Open days in the tower were cancelled because of a H&S review that recommended handrails be fitted to the spiral staircases. However, the ringers were invited to erect the minibells in the Cathedral crossing on the Heritage Open Day and many visitors, of all ages, enjoyed attempting to ring them.

A ringing tour was organised to the West Yorkshire area in June. It was a good experience for our newer ringers to learn what it is like to ring on bells in other towers and two of the towers, Bingley and Kildwick, had Yorkshire tail ends!
Ron East

COCKERMOUTH

Wednesday evening practices are well attended and are preceded with a muffled beginners practice at 6.30pm. As well as joining our beginners session, several of our learners attend a simulator practice at the Workington ringing centre. Our thanks go to Gareth Evans for making them very welcome and encouraging them in their ringing.

On the whole Sunday service ringing is well attended, with six bells being rung most weeks. Additionally, the band rang for a couple weddings, in recognition of the Notre Dame fire, Armistice day, the town Lantern parade and of course the additional Christmas services.

Our annual Workington/Cockermouth tower trip took us over to the North East, visiting four towers - Newton Hall, Ovingham, Ponteland and Newburn-on-Tyne. A fantastic day, being well attended and ending with a bar meal at the Greenhead Hotel.

Diana Green

HENSINGHAM

Welcome to the latest Hensingham Ringers' Report winging its way to you from a dazzlingly white ringing chamber. Yes, if you haven't been up the stairs

near the organ for a few months, you're in for a surprise, because a dedicated team - OK a team of willing (?) volunteers/conscripts spent a few scattered days in May, August and January stripping off the old, flaky paint, cleaning out corners we never knew existed, sending spiders migrating to pastures new, repainting the walls in bright white and re-arranging all the notices etc into a coherent order: even the tower steps have been hoovered - twice! Grateful thanks must be recorded to Donny Chan, a very able member of the congregation, for all his help and advice, including the impressive-looking scaffolding.

Apart from the DIY antics, ringing activities have continued week by week and progress has been made in some areas. The home band of Gordon and Soo Gray, Rebecca Choy, Stuart Burgess, Keith and Rosalind Amey, Ben and Josh Gilson and Donald Brownrigg are regularly joined by honorary ringers from other towers, namely Tony Dunning from Whitehaven (also a Sunday stalwart), Whitehaven's captain Richard Last, his sons James and Matthew when they're available/home from university and Eleanor Perrott from Irton. Heather and Tim Naylor and Alison Holburt are there when we need them, while Richard's wife, another Alison, is a staunch supporter.

There has only been one wedding this year and no recorded visitors from outside the area, but the "Cumbrian Codgers" rang here during their December outing. We also had one Tuesday practice when we invited the Moresby ringers (who had previously invited us to one of their practices) to try their hand on heavier bells and, as usual, St John's was the venue for the annual Training Day in February, when groups of learners from across the diocese had the opportunity to ring our beautiful bells with their ball-bearing mounts.

It is always good - and a challenge - to push on into new territory and burst through blockading boundaries. "I can't do that!" and "We've never done it before" are cries that should never be heard in a bell tower, because more often than not, we can do that and a "first" can become a tradition. Among the progresses made are relatively recent ringers Soo and Stuart tackling methods and touches that remain an enigma to the writer of this report, who had her first lesson when Harold Wilson was Prime Minister! Soo and Stuart have also started to call, as have Josh and Ben. Well done them! Congratulations are also due to Rebecca, who rang her first quarter peal in the summer and Gordon, whose first full peal was achieved at Moresby in January. Two things never, or possibly rarely, done before were the chiming of the tenor bell for the Hensingham cenotaph service on Remembrance Sunday and the chiming of the carillon for the crib service on Christmas Eve. In the latter instance, the carillon was used because not enough ringers were available to ring "live". Gordon has been teaching a few more people the intricacies of our art and we hope that they will persevere and be able to join the band before the next report is due. Sadly, some Tuesday practices and even the occasional Sunday's ringing have had to be cancelled because ringers, busy people that they are, have been on holiday/running marathons/attending meetings/taking services/undertaking family responsibilities - or even, occasionally, ill.

We all know that ringing is a stimulating, brain-challenging, exercise-generating, social hobby; but over and above all that, let's not forget that it is a service, a service which calls congregations to worship and lets a whole area know that the Church is in its midst and that Christ's call should not be ignored.

Rosalind Amey

IRTON

Another good year began with ten ringers at the Christmas midnight service, candlelit thanks to the ringers; then some of the choristers, PCC, ringers and friends rang in the calendar new year. The year ended with a Christmas dinner at Irton Hall, six Irton ringers and six guests from helpful local bands, without whom ringing at Irton would scarce be possible.

During the year there was ringing for twenty major services and events, plus three dozen practises. Waberthwaite school, a club from Gosforth, and a ringing band from Devon were entertained.

The Irton band presently consists of five change ringers, two occasional ringers and two improvers at the stage of hunting and call changes.

Thanks are due to Eleanor Perrott for continued liaison with bands in other towers, Ken Quick from Rothbury for having done some five years as a trainer, David Batten for taking over as tower keeper, Geoff Holland for maintenance and repair, and especially to Kathleen Egglestone, towermaster.

VR Goodwin

KESWICK, CROSTHWAITE

Another successful year at Crosthwaite with our dedicated band. We have good attendances at both Sunday ringing and practice nights where we move forward, developing our abilities and striking. We have passed a milestone and are now able to ring Plain Hunt Triples on a Sunday as well as called changes which was our staple diet for so long. (No mean achievement from a band starting from scratch).

Going forward, we have news that Geoff Roberts, one of Duncan Walker's trainees is moving to Keswick and will be joining us at Crosthwaite. We welcome him and any visiting ringers who are in the area.

Is it a sign of the times? We rang for only one wedding during the year.

The Sunday climb up the tower to wind the heavy clock weights is a thing of the past. Although, as we speak we are still awaiting the Cumbria Clock Co. to fit the regulator; will I miss my weekly climb? I think not!

Nick Newby

KIRKBY STEPHEN

Kirkby Stephen's four regular ringers keep the bells ringing every Sunday morning and we are occasionally boosted by the occasional visitor or two.

However, practice nights are still only held by arrangement. We rang for all the major Christmas services, one wedding (thanks to some of our ringing friends from Carlisle and Penrith) and rang one quarter peal in memory of Serjeant

Robert Brayfield Langley, a Kirkby Stephen ringer who died from malaria 100 years ago to the day, whilst on military service in India. We welcomed one visiting band from the North-East in 2019. So the Kirkby Stephen town residents still hear the bells being rung regularly and we live in hope that we might find some new learners in the not too distant future, to augment our small but willing band.

Colin Belsey

MORESBY

Ringling has continued at Moresby but several of the ringers have busy lives and are not always able to be there. We have reduced to one practice night, now, and hope that will help get more together at the same time. Call changes are rung by calling two adjacent bells to swap as the usual way causes chaos, because of the lack of stronger ringers to ring with them! Most can ring Bastow Minimus, and now we have to work to get a Moresby band to ring it by themselves!

The first peal on the bells was rung in February, by guild members who had helped with the project in any way, from start to finish. It was rung in memory of Ed Perrott.

The regular help of Ken Quick and Andy Strachan is invaluable, and the occasional visits of Ruth Gilbert and Eleanor Perrott are much appreciated. Anyone who cared to join us on occasion would be most welcome.

Chris de Cordova

PENRITH

We have a strong and active band at Penrith, meaning that during 2019 we were able to ring for all regular services and special events in church. Our Tuesday practice nights are busy and we continue to regularly use the simulator for the first half of the practice, to provide more teaching opportunities for our learners, especially our younger ringers. Our practice nights continue to be supported by regular visitors, with whose help we are able to ring surprise major. We are grateful to our visitors for their help both on practice nights and in ringing for services.

We rang several quarter peals during 2019, both to help members of the band improve and to mark special services and events, including our president Ken Twentyman's 90th birthday in July.

We look forward to new challenges in 2020 - especially attempting to win back the Guild striking competition trophy!

Sally Walker

ST BEES

2019 has been a year of considerable progress and we usually have several spare ringers on Sundays. On practice night Plain Bob Triples is a regular feature and on smaller numbers we are entering the mysterious world of Antelope and April Day.

Our midsummer trip was our traditional annual visit to Irton, where as usual the in-tower catering was marvellous, then afterwards to Irton Hall. In December Irton ringers also came to a practice at St Bees, and this coincided with the visit of Kate

Gilbert from Australia, a former St Bees ringer. Although not having touched a bell-ropes for over 50 years, she soon settled into rounds. Kate was a member of very active 1950/60s band at the Priory, had rung several peals for CANWACR, and was a regular at Irton Practices.

At New Year it was the usual open house in the belfry for ringing by candlelight, with male ringers in formal dress, and women dressed to impress. Muffled ringing, the punch urn, Tennyson's "Ring out wild bells!", 12 strikes of the tenor at midnight and open ringing afterwards all featured as usual. This time we had 60 visitors in the tower, and the Ringing World carried a report. It is both a very good village event, and a good time for recruitment. The tower was eventually vacated at 12.45 a.m.

Our well-supported annual dinner was once again held in the Queens Hotel in early December before John and Eleanor departed on their annual visit to South Africa. The Queen's dining room was at full capacity; port was again kindly donated by the landlord.

We are very grateful for Soo and Gordon Gray joining us for practice, and Hilary Chadwick supporting us for practice and Sunday ringing.

Doug Sim

THURSBY

2019 was a busy and successful year for the bellringers at St Andrew's church. We had a new recruit, Ken, who quickly mastered the art of raising and lowering the bell, call changes and tenor ringing to Bob Doubles. Our youngest bellringer Ruth, aged 12 years, progressed to handling the tenor bell with enthusiasm. We are all "learners" in bellringing and, with help from each other, our skills continued to develop and improve.

We enjoyed the fun and fellowship of practice nights that were very well attended. We usually had in excess of eight ringers at each practice. We are grateful for the continued support of Hilary, Barry, Andrew, Christine, John and Sally from the cathedral, for which we give thanks. We regularly rang touches of Plain Bob Doubles, Plain Bob Minor and Grandsire Doubles in addition to plain courses of Reverse Canterbury, St Simon's and St Martin's.

Last year saw the installation of the simulator which was an eye opener to those of us who had never practiced on one before. We quickly learnt that listening to the bells was as important, if not more so, than ropesight. We started additional silent bell practices every two weeks using the simulator and will continue these to improve the quality of our ringing.

On 18th April we rang in solidarity following the devastating fire at Notre Dame cathedral on 15th April 2019. This was one of 1330 performances recorded on the Ringing World BellBoard.

2019 ended with the Branch practice at Thursby and visiting ringers were welcomed with the traditional "post-ringing" Christmas food and tea.

Angela Branch

WIGTON

We have rung for all services, though mostly on 6 since our recruits for varying reasons have not been able to continue. Practice nights have been possible because of support from Carlisle ringers to whom we are very grateful. We have all enjoyed these combined practices which have benefited all parties. Carlisle and London Minor have been worked at and ultimately achieved and Grandsire and Bob Triples likewise!

The bells continue to be put to good use by visiting peal ringers (3 peals scored, 2 for the Guild) and quarter peals have been very useful in helping people along the way method wise.

Mary Snape

WORKINGTON

Regular Sunday Service ringing and Monday night practices have continued throughout the year. Many thanks to all the visitors who support our practice nights on a regular basis.

Once again we started the year with ringing in the New Year.

January continued with the traditional social events; the Guild meeting and our tower dinner at the Ginn House, Clifton. There was a good attendance at the meeting and a number of ringers rose to the challenge of ringing Woodbine or Merchant's Return. The methods were favourites of local ringer, Harry Byrom, who died in January 1999.

With the support of our regular visitors we have been able to introduce more of the home team to Kent TB minor and ring bob triples regularly. Bob Minor is competing with Doubles as the most rung method. Sunday ringing always includes call changes on eight with some plain hunt on seven and doubles with three covers. Only two quarter peals were rung during the year. We commemorated the centenary of the death of Workington's second WW1 ringer in March. Bombardier Rupert Williams was still in service when he died of enteritis in India in March 1919.

The joint Cockermonth/Workington simulator group has met regularly throughout the year. Time is split between individual practice and working as a group. New recruits are welcome, provided they don't mind the challenge of the old spiral stairs when the conference room is in use.

Congratulations to Mia Edger who won the Young Ringer's award this year. It was good to see her hard work and commitment rewarded.

The joint coach outing with Cockermonth visited Northumberland in late October. We enjoyed ringing at four light eights: Newton Hall, Ovingham, Ponteland and Newburn. Before crossing back to Cumbria we stopped at the Greenhead Hotel for a bar meal. Thanks to Diana Green for organising the day.

Clare Gebel joined us for the Christmas period, twice for service ringing and also for the final practice of 2019. Once again we rang at the year end and look forward to making more progress in 2020.

Gareth Evans

QUARTER PEAL REPORT

(“*Health warning*”: Once again, this analysis is based on information gleaned from Bellboard. I make no claim to the accuracy of the results, so please don’t shoot the messenger! *And please do post your quarters, including footnotes, on Bellboard, otherwise they won’t be included*). The following analysis covers tower quarters.

63 tower-bell quarters in 10 towers were rung for the Guild in the year (as far as I am aware, there were no hand bell quarters this year). This is 12 less than in 2018 – but in 1 more tower. Also, 7 peals were rung by the Guild – although 2 were later found to be false unfortunately - see the peal report for more information.

There were no quarters of minimus this year. There were 40 of doubles, 12 of minor, 10 of triples and rather surprisingly only 1 of major. Sadly there were no successful attempts of caters, royal, cinques or max this year. The most popular method rung to quarters was (yet again) the ubiquitous plain bob doubles with 18 performances. Some way behind in second place was plain bob minor with 9 performances. This was followed by a variety of methods and variations – the most popular being plain bob triples (6) and Grandsire doubles & triples (4 of each). There were fewer doubles m/v than previously – 2 of 3 m/v and 1 each of 2 & 5.

There was a range of “lone” doubles m/v quarters rung, including some lesser known ones like Austrey, Clifford’s pleasure, St Giles, Royston and Southrepps. A Western branch band scored 5 m/v of doubles at Workington, a good effort. On the surprise front, only two quarters of Cambridge minor and one of Yorkshire major were rung, considerably less than previous years. Only one quarter of Stedman was rung, that being of doubles.

Brampton takes the “quarter peal factory” title again this year, with 21 quarters from the unfailingly prolific source of Michael Hall. Second place goes to Carlisle Cathedral (11), followed by Wigton (8), Whitehaven (7) and Penrith (6). It was very pleasing to see 4 quarters scored on the new bells at Moresby. This was followed by Egremont and Workington (2 each), and Cockermouth & Greystoke (1 each). That’s around one third of Guild towers, rather lower than previous years. If your tower isn’t on the list, how about getting a band together and going for a quarter in 2020?

The first quarter on the lovely new light ring at Moresby (Grandsire triples) was rung by an all Carlisle Guild band in January, including a number of members associated with the project and installation. It was also a compliment to Emily Anne Walker, first child of Duncan & Sally Walker and grand-daughter for Ron & Anne East.

A quarter of Grandsire triples, conducted by Stephen Hall, was rung at Wigton on the morning of the wedding of Michael Hall and Gwenneth T. Bowie at St Mary’s, Wreay. A quarter was rung at Whitehaven to celebrate the 62nd Wedding Anniversary of well-known ringer Jack McTear & Marjorie. The 90th Birthday of Ken Twentyman, a long-serving Penrith & Greystoke member, and still in good form, was marked by three quarters, two at Penrith and one at Greystoke. The golden wedding of Ron and Anne East was marked (to the day) by a quarter rung, also, at Wigton. A quarter of Cambridge was rung at Moresby as an 80th

birthday compliment to Laura Ivey, and also to mark the 39th Wedding Anniversary of Chris & Phil de Cordova.

A quarter was rung to the memory of bombardier Rupert Williams, a ringer from Workington, who died on 3rd March 1919 in India, whilst still serving in the army after the end of WW1. A quarter was rung at Whitehaven celebrating the life of Beatrice Margaret Last (1933-2019) - three generations of the Last family are Whitehaven ringers. Another was rung at Wigton (bob Triples) in memory of Hilary Bell, sister of Sally Starkey (a Cathedral ringer). Brampton rang a quarter of Grandsire doubles to celebrate the life of Sara Goodchild.

Congratulations to those who rang their first Quarter this year – Veronica Taylor (also her 70th birthday compliment), Christine Brennan and Tanya Smith. (Apologies if I have missed anyone but I can only go on the footnotes provided with each Quarter). Other firsts inside, on cover or in new methods or numbers of bells, were scored by Steve Long, Daniel Braniff, Hilary Ward, Andrew Moncrief, Amanda Rodger, Alan Smith, Sally Starkey, Gerald & Susan Sewell, Alison Robinson, John Proudfoot, Mike Hall (as C), Bethany Cater, Katherine Prince, Chris Lamb, Robert Nicols, Sally Nicols, Emma Doran, Barry Garrett, Christine Brennan, and Alan & Tanya Smith. Mike Hall continues to race onward, passing his 625th quarter and 475th quarter as conductor, and Alison Robinson passed her 300th quarter.

The most prolific conductors were Michael Hall (21), Ruth Gilbert (10), Andrew Holland and Richard Last (7 each), Andrew Warboys and Duncan Walker (5 each). All told, 13 ringers shared the conducting, exactly the same as last year.

The “top 10” quarter peal ringers were John Proudfoot (38), Sally Starkey (28), Susan & Gerald Sewell (24 each), Mike Hall and Alison Robinson (23 each), Ruth Gilbert and Andrew & Jane Holland (13 each), and Anne East (11).

24 quarters were rung in Western Branch towers (18 last year) and 39 in Eastern Branch towers (57 last year). As far as I can tell, we rang no quarters at non Carlisle Guild towers this year, as was the case last year.

All told, a total of 77 ringers were involved – a healthily large proportion of Guild members, particularly in the light of the fewer quarters rung than last year – well done to everyone!

David Horne

Date	Location		Method details	Notes
06/01/2019	Brampton	1260	Plain Bob Doubles	For Epiphany
20/01/2019	Brampton	1260	Southrepps Doubles	For Week of Prayer for Christian Unity
27/01/2019	Moresby	1260	Grandsire Triples	First Quarter Peal on the bells. With compliments to Emily Anne Walker born 22nd November 2018
27/01/2019	Whitehaven	1260	Plain Bob Triples	To mark Holocaust Day
03/02/2019	Brampton	1260	Doubles (2m)	Steve Long - first in methods. For Candlemas
17/02/2019	Brampton	1260	Reverse Canterbury Doubles	625th QPMike Hall. 90th Birthday Compliment to Roy Webb, Sally Starkey's dad, on 18th February
17/02/2019	Workington	1260	Plain Bob Doubles	1st on a working bell, Daniel Braniff
03/03/2019	Workington	1260	Doubles (5 Methods)	Bombardier Rupert Williams, a ringer at this church, who died on 3rd March 1919 in India, whilst still serving in the army after the end of WW1
07/03/2019	Egremont	1260	Plain Bob Doubles	On this day in 1876 Alexander Graham Bell patented the telephone which was the foundation of the Bell Telephone Company
17/03/2019	Brampton	1260	3 Method Doubles	62nd Birthday Compliment to Mike Hall for 11th March
17/03/2019	Egremont	1260	Plain Bob Minor	On St Patrick's Day following the Welcome Service at Carlisle Cathedral for The Right Reverend Dr Emma Ineson as Bishop of Penrith
27/03/2019	Carlisle	1260	Plain Bob Doubles	First Quarter peal; Veronica Taylor at first attempt, and birthday compliment on her 70th birthday today
31/03/2019	Brampton	1260	St Simon's Bob Doubles	For Mothering Sunday
31/03/2019	Wigton	1260	Plain Bob Doubles	Rung before Evensong on Mothering Sunday to celebrate 20 years since the consecration of the bells on Mothering Sunday 1999 by the Sunday Service Band
07/04/2019	Brampton	1260	April Day Doubles	First blows in method Steve Long, Hilary Ward. 78th Birthday Compliment this day to Gerald & also the birth day of William Wordsworth in 1770
14/04/2019	Moresby	1260	Grandsire Doubles	First in method: Andrew Moncrief. For Palm Sunday
14/04/2019	Whitehaven	1260	Plain Bob Minor	First in method: Andrew Moncrief. For Palm Sunday
21/04/2019	Brampton	1260	Clifford's Pleasure Doubles	For Easter - He is risen
24/04/2019	Carlisle	1340	Plain Bob Doubles	First quarter: Christine Brennan
24/04/2019	Carlisle	1260	Stedman Doubles	First in method: Amanda Rodger
05/05/2019	Brampton	1260	Plain Bob Doubles	

12/05/2019	Whitehaven	1260	St Clement's Bob Minor	Celebrating the life of Beatrice Margaret Last (1933-2019).. Three generations of the Last family are Whitehaven ringers
19/05/2019	Brampton	1260	May Day Doubles	For the bicentenary of Queen Victoria's birth on 24th May 1819
29/05/2019	Carlisle	1260	Plain Bob Doubles	First away from cover: Alan Smith
02/06/2019	Brampton	1260	Royston Doubles	For 75th Anniversary of the D Day Landings on 6th June
16/06/2019	Brampton	1260	St Giles Doubles	First in method Sally Starkey, Susan & Gerald Sewell. For 100th Anniversary of first Transatlantic flight, Alcock & Brown 14/15th June 1919
07/07/2019	Brampton	1260	Austrey Doubles	First blows in method by band. 300th QP Alison Robinson. Birthday compliment to Susan Sewell for 5th July
14/07/2019	Whitehaven	1260	Plain Bob Triples	For Bastille Day
21/07/2019	Wigton	1260	Plain Bob Triples	LX Birthday Compliment to Alison Robinson for St Swithun's Day
03/08/2019	Greystoke	1260	Plain Bob Doubles	90th birthday compliment to Ken Twentyman, ringer at Penrith and Greystoke. First inside Bethany Cater; first for 21 years Katherine Prince; first on tenor Chris Lamb
04/08/2019	Brampton	1260	Plain Bob Minor	26th Birthday compliment to Josh Mearns for 2nd August
04/08/2019	Penrith	1274	Plain Bob Triples	90th Birthday compliment to Ken Twentyman, ringer at Penrith and Greystoke
04/08/2019	Penrith	1260	Plain Bob Doubles	90th Birthday compliment to Ken Twentyman, ringer at Penrith and Greystoke
14/08/2019	Wigton	1260	Plain Bob Doubles	Congratulations today to Ron and Anne East on the occasion of their Golden Wedding
18/08/2019	Brampton	1260	Grandsire Doubles	To celebrate the life of Sara Goodchild
28/08/2019	Carlisle	1300	Plain Bob Doubles	1st QP at 1st attempt Tanya Smith; 1st QP together Tanya & Alan Smith
01/09/2019	Brampton	1260	Grandsire Doubles	Birthday Compliments to Lorna Hall (30th on 16th August) & Duncan Hall (27th on 12th August)
01/09/2019	Penrith	1260	Grandsire Triples	For Evensong
04/09/2019	Wigton	1320	Cambridge Surprise Minor	Birthday compliments to the Conductor, Andrew Warboys
08/09/2019	Whitehaven	1260	Plain Bob Minor	Farewell to Alison Riley, leaving her post of Curate at this Parish to take a second Curacy in Nether Wasdale
14/09/2019	Wigton	1260	Grandsire Triples	Conducted by Stephen Hall on the morning of the wedding of Michael Hall and Gwenneth T. Bowie at St Mary's, Wreay
22/09/2019	Whitehaven	1260	Plain Bob Doubles	1st away from cover - Robert Nicols. 62nd Wedding Anniversary compliment to Jack & Majorie McTear
25/09/2019	Carlisle	1260	Plain Bob Minor	First treble to minor - Alan Smith. First minor as conductor - Ruth Gilbert. Birthday compliment to Sally Starkey

04/10/2019	Cockermouth	1260	Plain Bob Minor	Birthday compliment to Nathaniel Green, son of 2 & 4, on 1st October
06/10/2019	Penrith	1260	Doubles (3m)	480 St Simon's, 360 Grandsire, 420 Plain Bob. For evensong
20/10/2019	Brampton	1260	Plain Bob Doubles	91st Birthday Compliment to 'Sir Herbie' Williams on 23rd October, father in law to the Conductor
25/10/2019	Moresby	1296	Cambridge Surprise Minor	First Surprise inside:Sally Nicols. 80th birthday compliment to Laura Ivey. Also to mark the 39th Wedding Anniversary of Chris & Phil de Cordova
27/10/2019	Whitehaven	1260	Plain Bob Minor	First of Minor: Emma Doran
28/10/2019	Moresby	1260	Plain Bob Minor	First of Minor: Chris Lamb
30/10/2019	Carlisle	1380	St Simon's Bob Doubles	First in method and celebrating third anniversary of starting to learn to ring: Barry Garrett
03/11/2019	Penrith	1260	Plain Bob Minor	
03/11/2019	Wigton	1260	Plain Bob Triples	In celebration of the life of Hilary Bell, sister of Sally Starkey, bellringer of this Guild. First of triples inside: Hilary Ward. For evensong
10/11/2019	Brampton	1260	St Martin's Doubles	Rung Half Muffled prior to the Brampton Town Remembrance Service
17/11/2019	Brampton	1260	St Nicholas Doubles	30th Birthday Compliments to Claire & Fiona Telford for 13th November
17/11/2019	Penrith	1280	Yorkshire Surprise Major	Rung for the annual Ringing to Remember service
20/11/2019	Carlisle	1260	Grandsire Doubles	Compliment to Sam & Becky on the birth of their first daughter (and grand daughter of 4) Delilah Home. First in method as C: Ruth Gilbert. First of Grandsire inside: Hilary Ward
08/12/2019	Brampton	1260	Plain Bob Doubles	Rung prior to the Brampton Town Carol Service. 475th QP as C: Mike Hall
08/12/2019	Wigton	1260	Plain Bob Triples	First inside to Bob triples: Barry Garrett. For Evensong
15/12/2019	Brampton	1260	St Simon's Doubles	70th Birthday Compliment to Dr John Hopkins, ringer of this tower, on 11th December
18/12/2019	Carlisle	1260	Plain Bob Doubles	1st away from tenor: Christine Brennan
18/12/2019	Carlisle	1260	Plain Bob Doubles	1st Q on inside bell: Alan Smith. Wishing the Carlisle Cathedral vergers a Happy Christmas
18/12/2019	Carlisle	1260	Plain Bob Doubles	1st Q on inside bell: Tanya Smith
24/12/2019	Wigton	1260	Grandsire Triples	For Christmas

PEALS 2019

EGREMONT, Cumbria, St Mary
Monday July 1, 2019 in 2h51 (13cwt)
5040 Plain Bob Minor

- 1 Colin F Gates
- 2 Jane Holland
- 3 Christine B J de Cordova
- 4 M Gareth Evans
- 5 Andrew J Holland
- 6 Kevin M Price (C)

On the 50th anniversary of an identical peal to commemorate the Investiture of HRH Prince Charles as Prince of Wales. 1 & 6 are the only surviving members of that band.

SHAP, Cumbria, St Michael & All Angels
Thursday August 1, 2019 in 2h38 (7cwt)
5040 Surprise Minor (7methods)
(Queen Mary, King Edward, Norwich, Dylan Thomas, Kelvinbridge, Cambridge, Primrose)

- 1 Clarissa J E Caroe
- 2 Jane Holland
- 3 Andrew J Holland
- 4 Raymond A Hutchings
- 5 Kevin M Price (C)
- 6 Andrew W Gordon

In memory of the Revd Stanley E Ablewhite, Vicar of Brough & President of the Cumbrian Association during the 1980's, who died recently.

BAMPTON, Cumbria, St Patrick
Sunday August 4, 2019 in 2h26 (5cwt)
5040 Plain Bob Minor

- 1 Bethany I C Cater
- 2 Clair Crowther

- 3 Gail Cater
- 4 James Crowther
- 5 Tina R Stoecklin
- 6 Julia R Cater (C)

On 6s birthday.
1st peal: 1.
600th peal: 3.
1st peal on the bells.

CARLISLE, Cumbria, Cathedral Church of The Holy & Undivided Trinity
Monday August 26, 2019 in 3h8 (21cwt)
5056 Spliced Surprise Major (8methods)
(832 Rutland; 768 Pudsey 640 Superlative; 576 each Bristol, Cambridge, Lincolnshire, London; 512 Yorkshire. 122 com)
Comp: D F Morrison (No.3)

- 1 Ruth M Gilbert
- 2 Ruth H Kemsley
- 3 Wendy Belsey
- 4 Duncan G Walker
- 5 David A Horne
- 6 Nicholas C Tithecott
- 7 Peter H Gardner
- 8 Stephen J Hall (C)

With birthday wishes to 4, & with thanks to Norman Brock for arranging this peal.
350th peal: 5.
1st spliced as conductor.

THURSBY, Cumbria, St Andrew
Thursday September 19, 2019 in 2h32 (6cwt)
5040 Surprise Minor (7methods)
(Beverley, Berwick, Surfleet, Hexham, Norwich, Cambridge, Primrose)

- 1 Jane Holland
- 2 M Gareth Evans
- 3 Andrew J Holland
- 4 Peter H Gardner
- 5 Kevin M Price (C)
- 6 Andrew W Gordon

GREYSTOKE, Cumbria, St Andrew
Wednesday October 23, 2019 in 2h40
(7cwt)
5040 Surprise Minor (7methods)
(Annable's London, Berwick, Hexham,
Hull, Kelvinbridge, Primrose, Norwich)

- 1 Jane Holland
- 2 Andrew J Holland
- 3 M Gareth Evans
- 4 Peter H Gardner
- 5 Kevin M Price (C)
- 6 Andrew W Gordon

On the 54th anniversary of 5's 1st
peal.

SHAP, Cumbria, St Michael & All
Angels
Thursday December 19, 2019 in 2h37
(7cwt)
5040 Minor (6methods)
(1 ext each Norwich, Bourne, Hull,
Cambridge, Primrose S; 2 exts Plain B)

- 1 Jane Holland
- 2 Ruth M Gilbert
- 3 Andrew J Holland
- 4 Peter H Gardner
- 5 Kevin M Price (C)
- 6 Raymond A Hutchings

1st inside: 2.

2019 GUILD MEMBERSHIP (249)

Appleby (6)

J Archibald N Harrop
P Cox B Parkin
S Grainger G Waine

Arlecdon (3)

D Hoyle C Lane
J Hoyle

Bampton (8)

C Crowther D Pitt
J Crowther H Pitt
A Donaoghue J Shepherd
B Kelly J Storey

Barrow-in-Furness (15)

C Caroe G Murfet
I Cotgreave A Painter
S Fryer A Pollock
G Holme C Pollock
A Jones J Pollock
R Marshall I Wyers
J Milby

Brampton (7)

G Bowie J Hopkins
E Griffiths K Siddle
M Hall K Van den Berg
S Hall

Carlisle Cathedral (27)

C Brennan O Northwood
N Brock J Proudfoot
B Coulthard A Rodger
T Coulthard M Rodger
A East C Sadler
R East K Scrivener
M Flett A Smith
A Fraser T Smith
B Garrett S Starkey
R Gilbert V Taylor
L Greenhalgh S Thomas
D Horne A Warboys
J Horne H Ward
R Lebon

Cockermouth (13)

M Cubey J Ingrams
H Dicker D Mead
D Green S Nicols
R Green R Nicols
S Harris P Wetherell
A Hewitt J Yeoman
R Horrocks

Egremont (7)

A Dunning R Lee
C Gates E Matthews
A Holland L Sutton
J Holland

Greystoke (8)

B Barnes P Lillington
A Brock K Prince
T James W Theakston
C Lamb M Tomlinson

Hensingham (14)

K Amey G Gray
R Amey S Gray
S Burgess A Holburt
R Choy A Naylor
B Gillson H Naylor
J Gillson T Naylor

Irton (6)

D Batten J Hosfield
K Eggleston E Perrot
V Goodwin K Quick

Keswick (11)

E Barraclough K Newby
J Humphreys N Newby
R Humphreys C Sears
D Lowe R Shirreff
Dr N Moss S Thomas
J Newby

Kirkby Stephen (4)

C Belsay A Jorysz
W Belsay J Keogh

Lazonby/Great Salkeld (8)

M Allison F Hoy
W Colclough E Liptrot
E Dunning L Pink-Dangerfield
S Evans S Porter

Moresby (8)

J Barwise P Grierson
R Barwise A Grierson
C de Cordova J Rudman
A Denwood B Southwell

Orton (7)

J Basnett J Thorpe
D Merritt J Thorpe
J Renwick-Smith SThorpe
E Thorpe

Penrith (29)

J Bell N Ruberry
P Bell T Ruberry
V Bowen S Slack
I Carrie S Smith
B Cater D Speechley
J Cater C Thornton
P Cater C Thornton
M Cumstey J Thornton
J Graham N Tithcott
D Jones N Tomlinson
J Lawson K Twentyman
B Lloyd D Walker
G Powell S Walker
D Ridley A Walton
H Ruberry

Shap (4)

J Labram J Smith
D Newsome I Tatters

St Bees (17)

A Bell Y Leech
N Bettinson D McMullen
H Chadwick D Sim
S Davidson E Sim
E Haile H Strong
J Haile V Turpin
A Hewetson P Turpin
B Hewetson C Yule

Thursby (13)

A Branch D Pattinson
P Eastwood C Pattinson
A Edwards H Pattinson
S Fouer R Stakim
C James O Stakim
N Kwiatkowski R Swindells
J Kwiatkowski

Whitehaven (12)

E Doran M Last
M Finlinson R Last
B Foster L Leech
A Last S Leech
E Last J McTear (LM)
J Last A Moncrief

Wigton (9)

W Graham A Robinson
G Haraldson P Shingler
M Huntington M Snape
A Lewis M Snape
L Poole

Workington (11)

D Braniff E Martin
J Clements Z Martin
M Edger M Miller
G Evans M Nichol
P Evans H Speight
C Hadfield

Unattached (2)

G Sewell
S Sewell

GUILD BOOKSTALL

Central Council

Beginners changeringing on handbells	£2.50	Service touches	£0.30
Beginners Grandsire	£1.00	Service touches (revised 1999)	£1.50
Beginners Handbook	£2.00	Standard 8 surprise major	£4.00
Beginners Plain Bob	£1.00	The Learning Curve Vol 1 1999-2001	£3.00
Changeringing on handbells	£2.50	The Learning Curve Vol 2 2002-2003	£3.00
Conducting Stedman	£2.00	The Learning Curve Vol 3 2004-2005	£3.00
Doubles & minor for beginners	£3.50	The Learning Curve Vol 4 2006-2007	£3.00
Learning Methods	£2.50	The New Ringer's Book	£9.50
Method splicing	£3.00	Towards better striking	£1.00
Raising and lowering in peal	£2.00	Triples & major for beginners	£3.50
Ringing Basics for Beginners	£2.50	Understanding place notation	£1.00
Ringing Circles	£2.50	Will you call a touch please bob	£2.50
Ringing Jargon leaflets	£0.20	Teaching from rounds to bob doubles	£1.50
Kaleidoscope Ringing	£1.50	Teaching Tips	£3.50
One way to teach handling	£2.00	Teaching Unravalled	£3.00
Simulators and teaching	£2.50	Tower captains handbook	£2.00
Starting a new band	£2.00	Tutors handbook	£4.00
Teaching beyond bell-handling	£2.00	Organising an Outing	£1.50
Getting it Right - Ringing Society guidelines	£4.00	Striking the right note	£6.00
Judging striking competitions	£3.50	Schedule of regular maintenance	£2.50
Church tower interactions	£5.00	Sound Management	£1.50
Conservation of Bell frames	£2.95	Splicing Bell Ropes Illustrated	£3.50
D-I-Y guidelines	£1.50	The Bell Adviser	£1.50
Organising a bell restoration project	£2.00	Listen to Ringing 2 (Live) CD	£9.00
Listen to Ringing 1 CD	£8.00	Listen to Ringing 2 (Live) Tape	£6.50
Listen to Ringing 1 Tape	£6.50	Plain Methods 2nd Ed	£7.50
Collection of minor methods	£2.00	Plain minor Methods (1999)	£3.00
Collection of principles	£4.00	Treble Dodging Minor methods	£3.00
Doubles collection	£2.00	Spliced minor collection	£3.00
Collection of Grandsire Compositions	£6.00	Stedman and Erin	£3.00
Compositions in Popular Major Methods	£4.50	Universal Compositions in Major Methods	£4.50
Handbook of Composition	£5.50		

Sherbourne

One Per Learner	£0.85	Bell Club Kit	£5.00
Follow On	£0.85	Easy stages Grandsire Doubles	£0.20
Ringers Exercise Book	£0.75	Easy stages Plain Bob Doubles	£0.20

Yorkshire Association

Diagrams	£12.00	Ropesight	£3.00
Standard Methods	£8.00	Grandsire	£4.00

Sotheran

Ringers Handbook	£6.95
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Longridge

Method 300	£3.95	Composition 500	£3.95
Treble Bob Variations	£1.95	Composition 501	£3.95
Conducting and Coursing Order	£7.50	Composition 502	£3.95
Raising and Lowering	£3.75	Composition 2000 CD	£5.95
		Standard 90	£7.50

Coleman

Bellringers Early Companion	£14.95	Method Ringer's Companion	£14.95
Bellringers Bedside Companion	£14.95	Bob Caller's Companion	£14.95
Whiting society			
Carry on counting	£3.00	How to Learn Methods	£4.00
Bob Doubles or Quit	£6.00	Ringling Down Ere - Devon Call Changes	£4.00
Exploring Plain Minor Methods	£4.50	Discovering Twin Hunt Triples Methods	£3.50
Intro to Multi-method Doubles	£2.00	Touches of spliced Minor (1A)	£3.00
Intro to Multi-method spliced TB minor (1)	£5.00	Intermediate Spliced TB Minor (2)	£5.00
Bob Minor - a Mine of Information	£6.00	Come on Listen to it (with DVD)	£15.00
From Rounds to Ropesight (with DVD)	£10.00	Method splicing	£5.00

ART

Discover Bellringing	£4.00	A Ringer's Guide to Learning the ropes	£6.80
Guild badges	£2.00		